

# Bridging Health and Social Services

Bechara Choucair, MD  
SVP & Chief Community Health Officer  
Kaiser Permanente



BECHARA CHOUCAIR



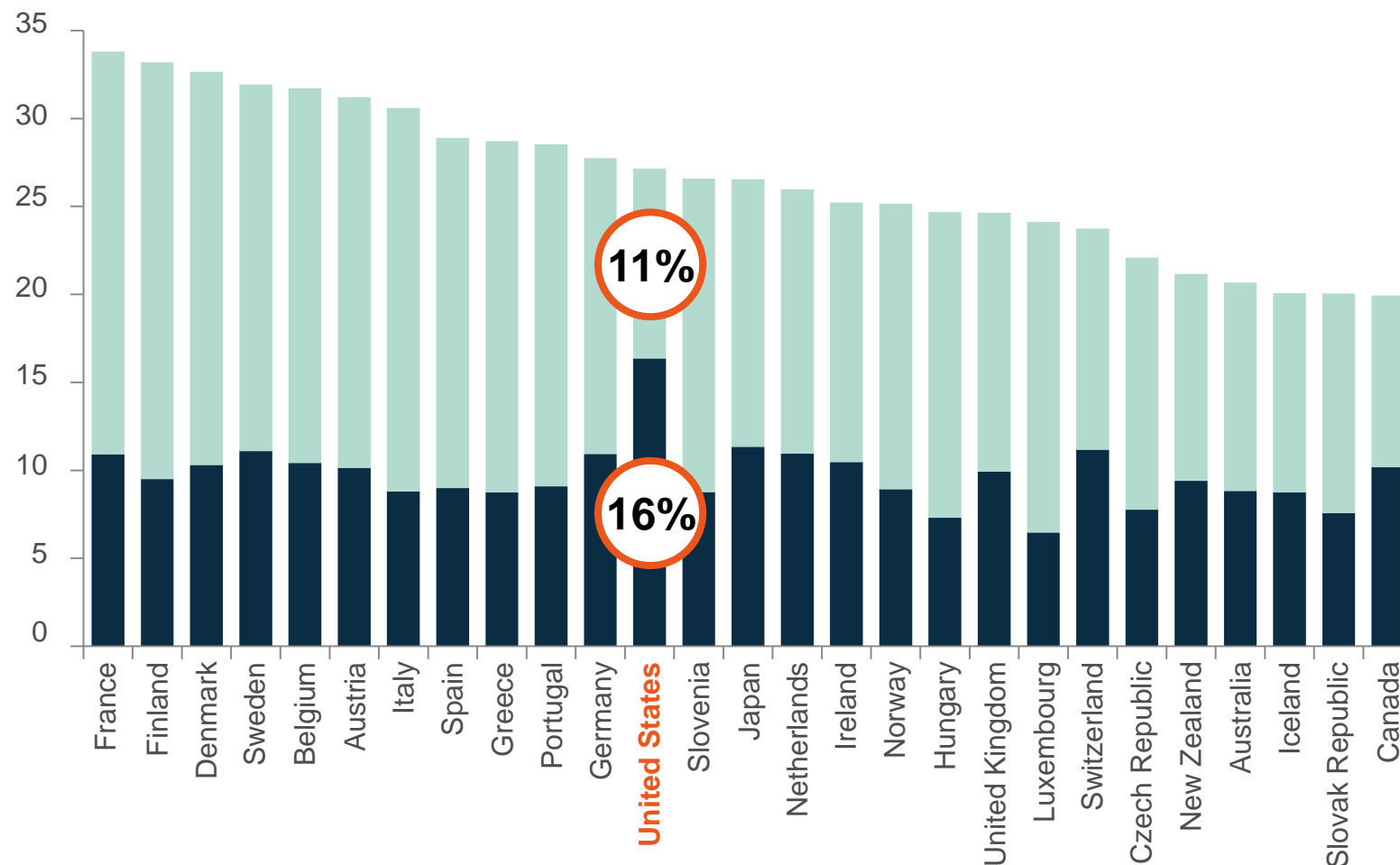
ZONECAST K: COLD MORNING. MAINLY CLOUDY 36° ROMEOV





Meet Rufus

## From *The American Healthcare Paradox*



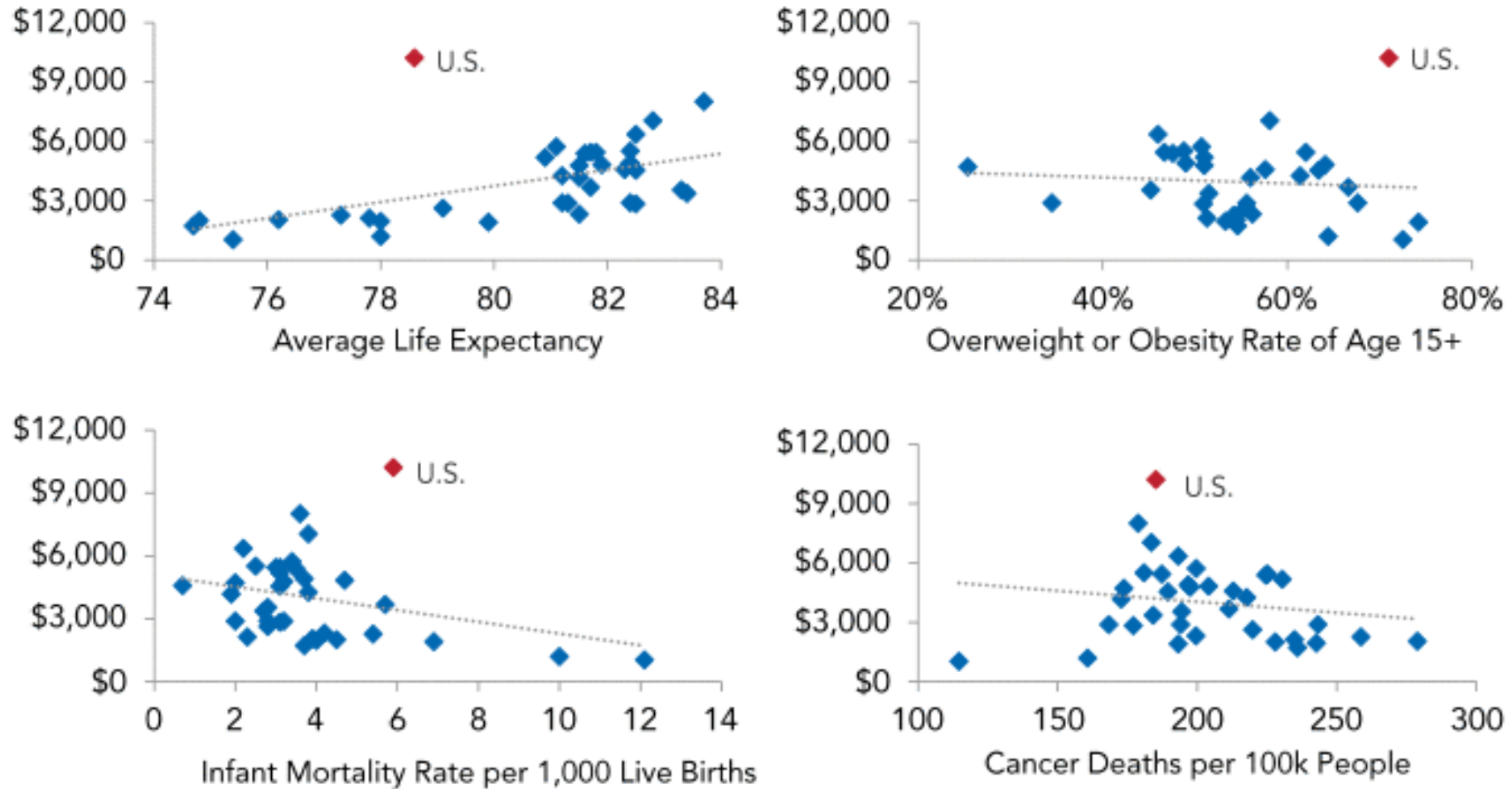
Spending on Social and Health Programs by Country (2013)

- Social service expenditure as % of GDP
- Health expenditure as % of GDP

Source: OECD, CDC, CMS

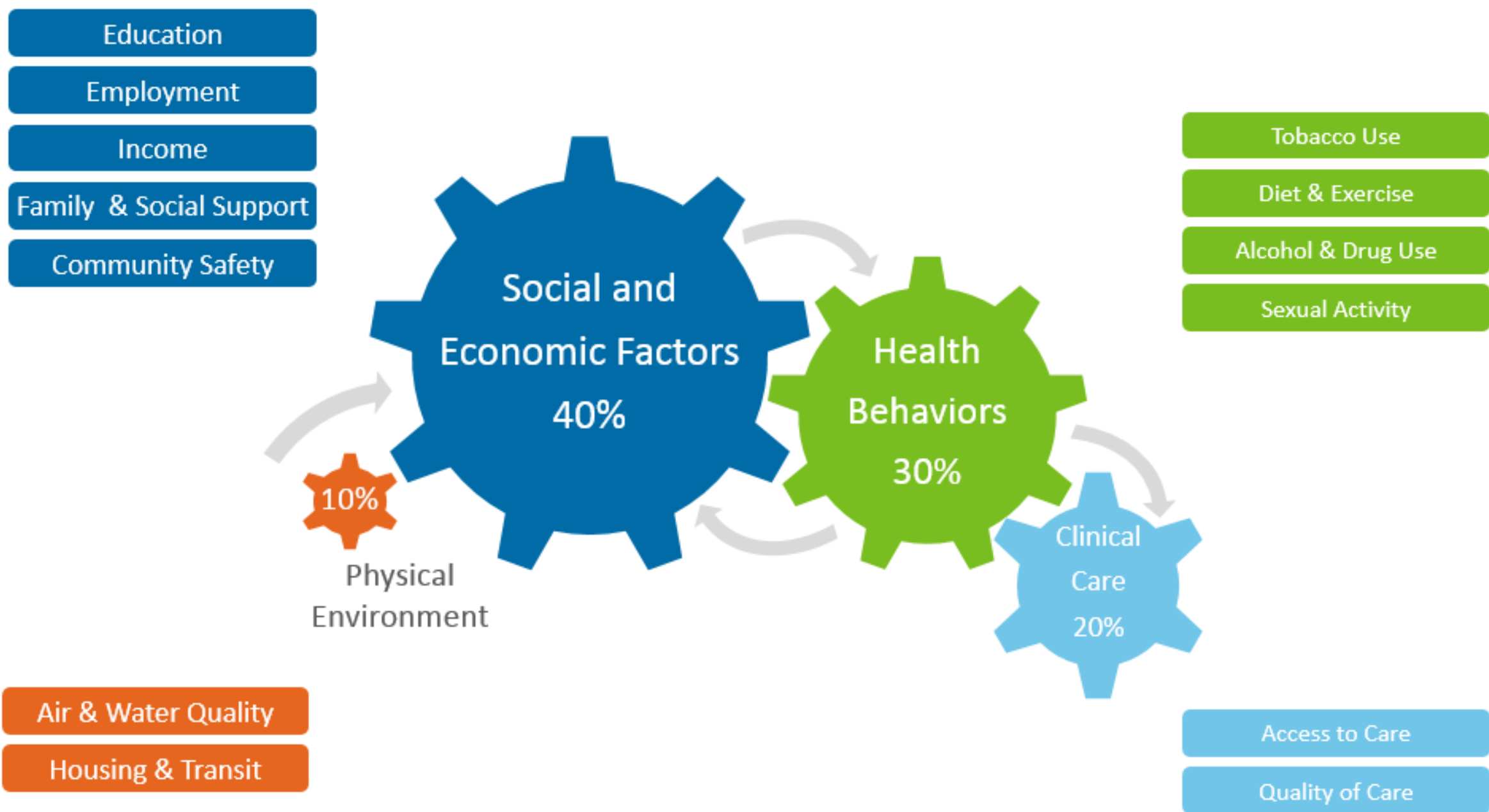
# Higher Spending $\neq$ Better Outcomes

HEALTHCARE SPENDING PER CAPITA BY HEALTH OUTCOMES (DOLLARS)



SOURCE: Organization for Economic Co-operation and Development, *OECD Health Statistics*, June 2018. Compiled by PGPF

NOTE: Data are for 2017 or latest available for all OECD countries.





## Meaningful Partnership



# Connecting the Dots for Our Members



## To meet our members' needs, we will:

- Identify those specific clinical moments and physical locations that regularly reencounter those members who are likely coping with an unmet social need
- Develop tools and/or optimize processes that make our staff more effective in identifying needs and matching them with specific assistance

## Encounter-based Touchpoint Examples:

2-1-1 San Diego

- Food Insecurity Screening
- Referral Website
- CalFresh eligibility





# Social Needs Among KP Members



## Food Insecurity

**29%** of high utilizers

**25%** of elderly Medicaid members



## Housing Concerns

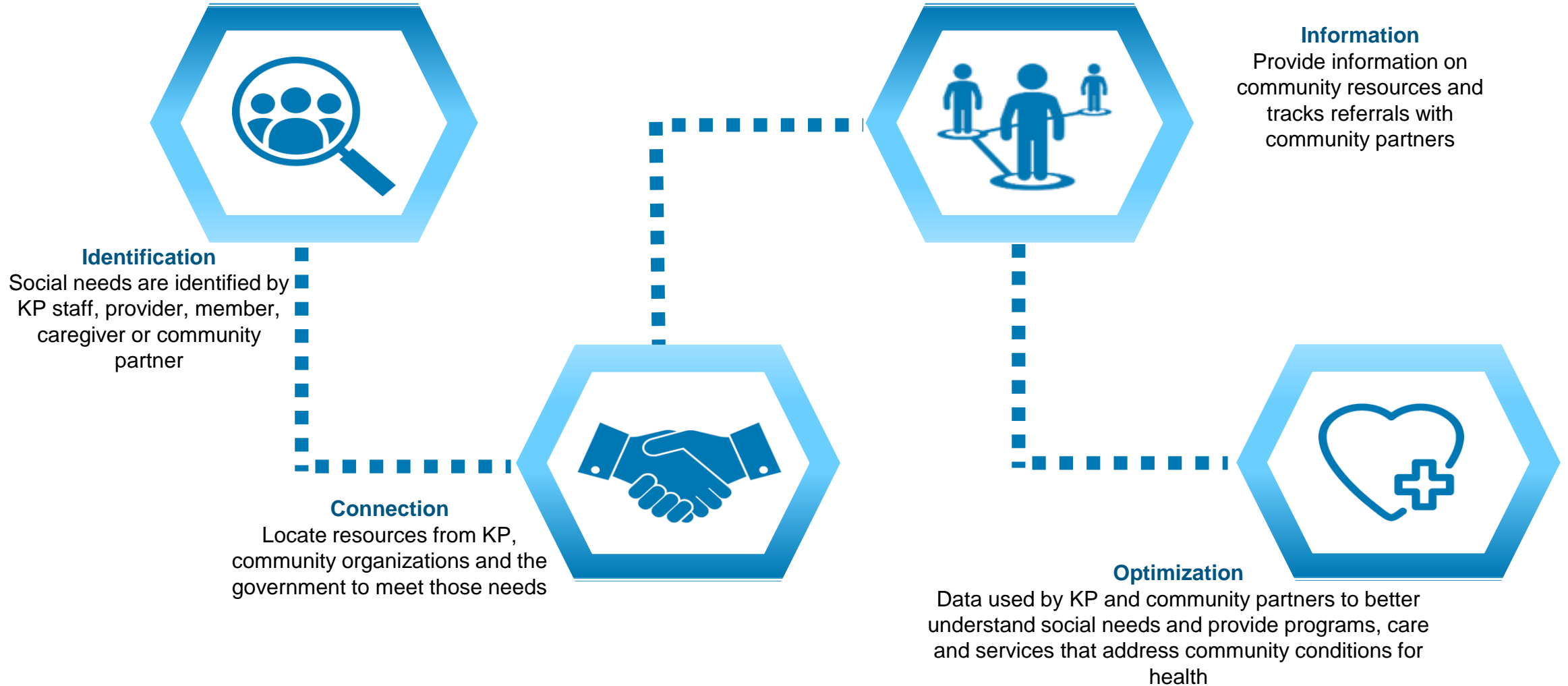
**11-23%** of high utilizers  
across regions



## Transportation Needs

**34%** of “dual”  
Medicare/Medicaid eligible

# Creating Social Care



# #HousingForHealth



## Housing, Homelessness, and Health





**THRIVING SCHOOLS**



# THRIVING SCHOOLS



Attendance



College/Career  
Readiness



School Wellness  
Policies



Healthy Eating



Physical Activity



Social & Emotional  
Well-being



Staff Breakroom  
Makeovers



Labor  
Management  
Collaboration



Webinar  
Learning Series



# Resilience in School Environments

## School-Based Interventions

- Onsite Alliance for a Healthier Generation (AHG) intervention
- Virtual school-focused tools and resources
- KP workforce health
- Educational theatre



## Content that Connects Communities

- Messaging and resources for educators, parents & students inside and outside of school
- Focus areas: basic science behind trauma and stress, coping strategies and life skills, resilience-building strategies
- Partnerships with other ACES/Resilience campaigns (i.e., Stress Health)



## Artificial Intelligence

- Algorithm + machine learning to create resilience index for every school and community
- Use AI-generated insights to recommend resources, create custom interventions



**Thriving Cities**



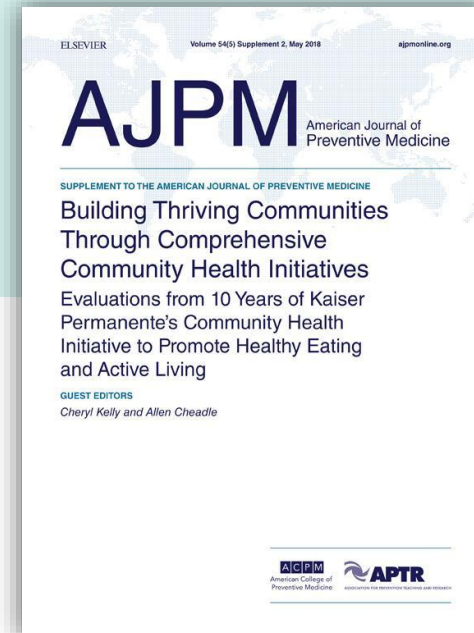
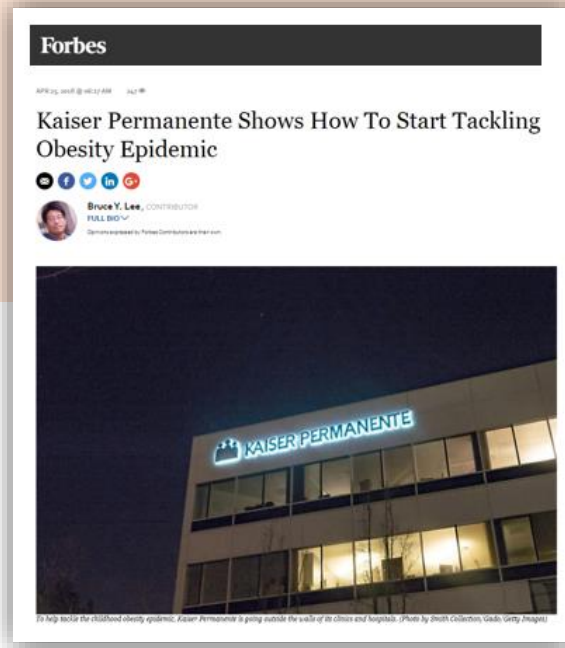
# Healthy Eating Active Living Cities

## Strategies

- Partnerships among statewide public health orgs and state municipal leagues
- Model HEAL resolutions
- Training and technical assistance for policy adoption and implementation
- Build movement through city recognition program

## Progress to Date

- 337 HEAL Cities
- 1,000 HEAL policies
- Engagement of more than 2,400 elected officials
- A non-partisan platform for the HEAL movement





# Proven Policies for Healthy Cities



An initiative of the de Beaumont Foundation & Kaiser Permanente



Affordable  
Housing



Alcohol  
Sales Control



Complete  
Streets



Earned  
Sick Leave



Food Safety /  
Restaurant  
Inspection Rating



Healthy Food  
Procurement



High-Quality  
Universal Pre-K



Smoke Free  
Indoor Air



Tobacco 21



**Q&A**